



Limbus Critical Psychotherapy Conference

Challenging the Cognitive Behavioural Therapies:

The Overselling of CBT's Evidence Base

Venue: The Great Hall, Dartington Hall Estate, Totnes, Devon, UK.

Sat & Sun, November 1, 2, 2014.

Cost: £130, Early Bird (before June 30) £115

Convenor: Farhad Dalal

Speakers & Topics

Jonathan Shedler (USA) Where is the Evidence for Evidence Based Therapy?

Oliver James (UK) Happiness, CBT & Apple Pie: The Hard Sell

Hanna Sitter Randén (Sweden) The story of CBT in Sweden: Its Rise & Fall.

Del Loewenthal (UK) NICE Work if You Can Get It: Evidence, Politics & Culture.

Sarah Wollaston (MP for Totnes) Chair of Panel Discussion - IAPT - Rhetoric & Reality

Farhad Dalal (UK) Statistical Spin, Linquistic Obfuscation.

We grant that CBT is helpful for some people in some circumstances under certain conditions. What will be challenged is the reasoning, means & evidence used to privilege CBT over other forms of psychotherapy.

The subject matter of this conference will range from science and statistics, to philosophy and psychology, to politics and ideology.

The conference will be of interest to members of the 'psy' professions, as well the range of professional groups involved in delivering psychological welfare - be it nurse, social worker, policy maker, commissioner, GP, researcher, manager or funder.

The conference will be of particular interest to psychiatrists, psychologists, psychotherapists and counsellors of *all* persuasions.

What is Limbus?

Limbus is run by volunteers interested in promoting discussion of psychotherapeutic ideas in the South West. Over the year Limbus organizes four events in which leading practitioners in the field of psychotherapy and affiliated professions are invited to give a lecture and lead a discussion.

Full Conference Details & Booking on www.limbus.org.uk/cbt

For future events, directions and other information, log onto www.limbus.org.uk
or phone Farhad Dalal on **0778 222 0385**