

# The 2<sup>nd</sup> Limbus Critical Psychotherapy Conference



## Soul-Searching, Soul-Making & Soul-Breaking *Neuroscience, Psychotherapy & the Soul*

### Speakers:

**Iain McGilchrist:** Neuroscience, Theology and the Fate of the Soul  
**Farhad Dalal:** Lost in Translation: The Music of the Emotions  
**Julia Vaughan Smith:** Traumatized Psyche; Traumatized Soul

**The Great Hall  
Dartington Estate  
Totnes  
Devon, UK**

**Sat, April 23, 2016**

**10.30 am to 6.00 pm**

**Cost  
(Includes  
refreshments and  
lunch)**

**£65 First 40 tickets**

**£80 Early Bird**

**£100 After Mar 31**

**Booking  
and full details  
via website**

**[www.limbus.org.uk/soul](http://www.limbus.org.uk/soul)**

Notions of *soul, spirit and spirituality* are intrinsic to human experience. On the one hand modernity and its infatuation with the tangible and measurable, thinks of them in reductive, mechanistic terms. On the other hand conceptions of soul, spirit and spirituality are commonly thought to reside beyond the material realm, as something transpersonal, and so become associated with the after-life and the other-worldly.

This *multidisciplinary* conference seeks to open up a secular space between the impoverished vision of the mechanists, and the other-worldly ideations of the Devout. The intention being to establish alternative possibilities which give these profound conceptions and experiences their due weight, grant them significance and moral meaningfulness, and at the same time ground these experiences in, and between, bodies.

**‘Soul-Searching’** alludes to neuroscience’s search and understanding of the ‘soul’ in the brain (Iain McGilchrist).

**‘Soul-Making’** is construed of as the work of psychotherapy. (Farhad Dalal).

**‘Soul-Breaking’** speaks to the effects of trauma on the person, mind and brain. (Julia Vaughan Smith).

**Dr Iain McGilchrist** is a former Fellow of All Souls College, Oxford, a Fellow of the Royal College of Psychiatrists, a Fellow of the Royal Society of Arts, and former Consultant Psychiatrist and Clinical Director at the Bethlem Royal & Maudsley Hospital, London. He is the author of *Against Criticism*, and *The Master and his Emissary: The Divided Brain and the Making of the Western World*.

**Dr. Farhad Dalal PhD** is a psychotherapist, Group Analyst, and Organizational Consultant. He is the author of *‘Taking the Group Seriously’*, *‘Race, Colour and the Processes of Racialization’*, and *‘Thought Paralysis: The Virtues of Discrimination’*.

**Julia Vaughan Smith** is a psychotherapist, organizational consultant, an Accredited Executive Coach and Coach Supervisor, and a Fellow at the Centre for Leadership Studies, University of Exeter Business School. She is the author of *Therapist into Coach*.

Further Inquiries

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